



Guide to the High Holy Days

Our Rabbis' Service Locations and Times

Your ticket provides access to any one of three simultaneous services we offer during the High Holy Days. Rabbi Tina Grimberg and Rabbi Richard Hirsh will conduct services in the Sanctuary and in the Social Hall. Our participatory, engaging and creative Family Services designed for parents with young children will be held in the Triple Room located on the Lower Level. The dates and times of services are shown on the back of your tickets.

Decorum, Kippot and Tallitot

Due to the large number of attendees at our High Holy Day services, please be aware of others around you and respect their need to be able to listen to our rabbis and service leaders, and to concentrate on the prayers, songs and readings. Please respect any directions provided by our ushers, especially when they restrict entry to prayer halls at certain points in the services and when our rabbis are delivering their sermons. This benefits everyone because it reduces any disturbances and distractions, especially for those sitting near the doors of our halls. Our congregation encourages both men and women entering services to wear a head covering, or kippah, as a sign of humility and respect. Head coverings are available outside each prayer hall for those who need them. Also, there are a limited number of tallitot (prayer shawls) available for you to borrow.

The Reconstructionist High Holy Day Prayer Book – "Kol Haneshamah: Mahzor Leyamim Nora'im"

At the High Holy Days, Darchei Noam uses the Reconstructionist machzor prayer book, "*Kol Haneshamah: Mahzor Leyamim Nora'im*". Attendees bring their own copies with them to synagogue. Unfortunately, we are not able to sell this machzor at High Holy Day services. Copies of these books can be purchased from the synagogue office for \$55.00 each in advance of the High Holy Days. In addition to its regular hours, the office will have extended hours as follows for last minute pick-up of machzorim:

Thursday, August 26th:	9:00am – 8:00pm
Sunday, August 29th:	10:00am – 2:00pm

Please note that we will not be able to sell these machzorim after Friday, September 3rd. Machzorim not picked up before that time will be available at the High Holy Day Reception Desk outside the sanctuary on the upper level during Rosh Hashanah and Yom Kippur.

Security and Parking

As in previous years, a private company has been hired to provide security for us. Please give us your co-operation and show your tickets before entering.

General parking will not be permitted in the parking lot surrounding our building at 864 Sheppard Avenue during the High Holy Days this year. In an effort to assist those drivers who have mobility limitations, there will be a limited number of parking spaces reserved for them in this parking lot.

Parking space reservations will be taken on a “first come, first served” basis and must be made by Monday, August 30th. Reservations will be made for specific services in order to make efficient use of the limited number of spaces we have. Once your reservation is made, you will receive written confirmation that you will need to have with you in your car when you use your reserved spot. To request a reserved spot, or for more information, contact Lynda Champagne at 416-654-6213 or lyndachampagne@yahoo.ca.

When dropping people off and picking them up, please use the Passenger Drop Off area located on Sheppard Avenue directly in front of the Darchei Noam building. This stretch of sidewalk will be supervised by our security staff. As always, we contact the local police to ask for ‘leniency’ when enforcing parking restrictions during the High Holy Days. In order to avoid the possibility of being ticketed, we suggest that you observe all “No Parking” and “No Stopping” signs, maintain the appropriate distances from fire hydrants and corners, and be certain not to block private parking. Please take extra care when driving, as there are many senior citizens who live in our area. Additional parking is available in The Toronto Heschel School parking lot which can be accessed from nearby Faywood Boulevard just south of Sheppard Avenue.

Accessibility at Darchei Noam

All of our High Holy Day services are accessible for people with mobility difficulties. Our elevator is located at the far west end of the building – just follow the signs. Please speak to our ushers when you arrive - they will be able to direct you to suitable seats in each prayer hall. If you have special seating requirements, please contact the synagogue office in advance of Rosh Hashanah and we will have our Accessibility Coordinator get in touch with you. We will do our best to accommodate any special needs you may have.

S’lichot and Tashlich

On Saturday September 4th, please join us for an inspiring evening as we prepare for the Days of Awe. Our S’lichot program begins at 9:30pm and includes a Havdalah service and a pot-luck dessert buffet. Come and enjoy a soulful, candle-lit prayer service enhanced by spiritual teachings, poetry and song. Our annual Tashlich service by the river will be held after Rosh Hashanah morning services on Thursday, September 9th. For more details about Tashlich, please see our fall edition of Ner Noam, visit our website at www.darcheinoam.on.ca, or look for flyers available in our building before Rosh Hashanah begins.

Supplementary Readings for the High Holy Days on our Website

Darchei Noam's booklet of "Supplementary Readings for the High Holy Days" will be available as usual for all attending services.

In order to reduce the amount of paper used for the booklet this year, our website features a new page offering links to selected articles, readings and poems to enhance your understanding and appreciation of the various themes and concepts we encounter at this important time of year. Just visit www.darcheinoam.on.ca and click on the link entitled "*Reflections and Readings for the High Holy Day Season - Collected by Rabbi Tina Grimberg and Rabbi Richard Hirsh.*"

In order not to disturb other daveners, and in order to preserve the kavanah of the High Holy Day prayers, please do not bring any portable electronic communication devices to services. If you find any selections on our website that can enhance your High Holy Day experience, we ask that you print these out at home and bring the print-outs with you to services.

Erev Yom Kippur: Kol Nidrei

At 6:30pm on Friday September 17, the enchanting melodies of Kol Nidrei services will be heard in all three of our prayer halls. These prayers are some of the most solemn in our prayer books, and it is a mitzvah to arrive early so that daveners are not disturbed once the services begin.

One of our Kol Nidrei services will address the spiritual needs of families with school-aged children. At this Family Service, the Kol Nidrei prayer and many others will be chanted in full. The service will also feature commentaries, stories and kavanot for young people and for the "young at heart".

Childcare and the Drop-in Activity Room will open at 6:00pm, thirty minutes before the Kol Nidrei services begin, so that parents can be seated in good time.

Yom Kippur Day

Yom Kippur Services begin at 9:30am on Saturday September 18th. Yizkor prayers are included in these Yom Kippur Services, providing an opportunity for daveners to remember beloved relatives and friends who have passed away. After morning services conclude, please stay with us for the afternoon – there are a variety of peaceful activities being offered, including a Yom Kippur Study Session with Rabbi Richard Hirsh in the Social Hall at 2:00pm, and a Yoga and Meditation Hour at the back of the Main Sanctuary at 2:00pm.

At 3:30pm we gather in the Sanctuary for "Remembrance Through Words and Music" – a moving hour-long program of readings and songs which remind us of the tragedies of our Jewish history and our hopes for a better future.

Following this Remembrance Martyrology Service, please join us for the final portions of our High Holy Day journey. Minchah, the afternoon service, will begin at 5:30pm followed by Ne'ilah and Havdalah, the concluding services of Yom Kippur.

Yom Kippur Potluck Break-Fast Dinner

After Yom Kippur services conclude, everyone is invited to participate in our community break-fast dinner at 8:15pm in the Triple Room on the lower level..

To contribute to this wonderful potluck dinner, please bring two equal, extra-large-size dishes so that they can be set on two separate buffet tables. Entrees should be vegetarian, parve, fish, or dairy. Families are encouraged to contribute one dessert item in addition to their entrees. Darchei Noam will provide bread and drinks. We ask that you bring any food contributions to the kitchen on the lower level only after 2:30pm.

Please contact Molly Neufeld, our Break-Fast Coordinator, to let her know how many people in your group will be attending, and what you can contribute to the meal. You can reach Molly at 416-223-0330 or caterina-neufeld@sympatico.ca.

Sukkah Decorating Party: Sunday, September 19th, 12:00-1:30pm

Darchei Noam's kids, and those young at heart, are all invited to come and help decorate our communal Sukkah at this festive annual gathering. Bring your own wonderful home-made crafts, or let loose your creative energies at shul as we make paper chains, gourd people and more! Make new friends and enjoy a pizza lunch together too.

Sukkot Services: Thursday, September 23rd, 9:00am

Join us for our traditional Sukkot services in which each and everyone can personally shake a lulav and smell the wonderful fragrance of the etrogim. Our celebration concludes with a potluck Kiddush under the s'chach of our community sukkah, decorated with the "fruit" of our creative labours. Please contact the shul office to let us know what you can contribute to the lunch buffet.

Shemini Atzeret and Simchat Torah: Thursday, September 30

9:00am Shemini Atzeret and Simchat Torah Service including Yizkor
7:00pm Simchat Torah Celebration

Our evening festivities feature dancing and carrying our Sifrei Torah in the traditional Hakafot processions. A highlight of the simcha is our traditional grand communal unrolling of one Torah scroll, held up by members and guests. There will also be special activities for children including storytelling, singing and delicious snacks.

About our Rabbis

Rabbi Tina Grimberg

Rabbi Grimberg grew up in the Ukrainian city of Kiev. She moved to North America with her family when she was sixteen, and immediately became involved in the Jewish community of Indianapolis. While working for the rights of “refuseniks” back in the Soviet Union, she developed a passionate interest in the Jewish heritage that was so hard to access in her childhood.

Rabbi Grimberg initially trained and worked as a family therapist specializing in women’s issues and domestic violence. Her love of Jewish tradition and family life led her to the doors of Hebrew Union College’s Jewish Institute of Religion, and in 2001 she received her rabbinic ordination from that seminary. Throughout her five years of rabbinical school, she worked as an intern at Congregation Beth Elohim in Brooklyn, New York. In the same time period, she facilitated workshops for interfaith couples at the 92nd Street Y and the Jewish Community Centre of the Upper West Side. Before coming to Darchei Noam in 2002, she worked as the Assistant Rabbi at Beth Elohim.

Rabbi Grimberg’s love of the ancient craft of storytelling creates a teaching and prayer environment that never fails to engage and captivate students and worshippers alike. Her passion for all kinds of ancient and contemporary literature provides her with an endless well of stories which help to illuminate and clarify Jewish lessons, traditions and ethics from our multifaceted heritage. Her first book, *Out of Line: Growing Up Soviet*, was published by Tundra Press in October 2007 and has won numerous awards, including the Stein Memorial Award in Youth Literature, and the Bronze Award for Book of the Year from ForeWord Magazine. This autobiographical work offers a unique window into the life of a young Jewish girl growing up with her family in Kiev in the 1960’s and 1970’s.

Congregation Darchei Noam has been blessed to have Rabbi Grimberg as our spiritual leader, our teacher of Jewish heritage and our personal counselor in times of joy and grief. Whether it is leading our trips to Israel, teaching nuggets of wisdom from the Torah, or welcoming new members into our communal family, Tina models a balance of Jewish heart and Jewish mind that is a shining example for all of us.

Rabbi Richard Hirsh

Darchei Noam is once again honoured to have Rabbi Richard Hirsh join Rabbi Grimberg in ushering in the new Jewish year with our community.

Rabbi Hirsh is the executive director of the Reconstructionist Rabbinical Association and is an adjunct instructor at the Reconstructionist Rabbinical College, where he received his rabbinic ordination in 1981. He holds a master's degree in religion with a specialization in the New Testament from Temple University, and a bachelor of arts in Jewish studies from Hofstra University.

Rabbi Hirsh served as rabbi of Congregation Darchei Noam in the early 1980’s, and subsequently led Reconstructionist congregations in New Jersey, New York and Chicago. He has also served as dean of administration and admissions at RRC, and has worked on the staff of the Jewish Community Relations Council of Greater Philadelphia. He was editor of the journal *The Reconstructionist* from 1996 to 2006.

His commentaries appear in the Reconstructionist High Holy Day machzor *Kol Haneshamah* and in *A Night of Questions*, the new Reconstructionist Pesach haggadah. He is the author of *The Journey of Mourning: A Reconstructionist Guide*.

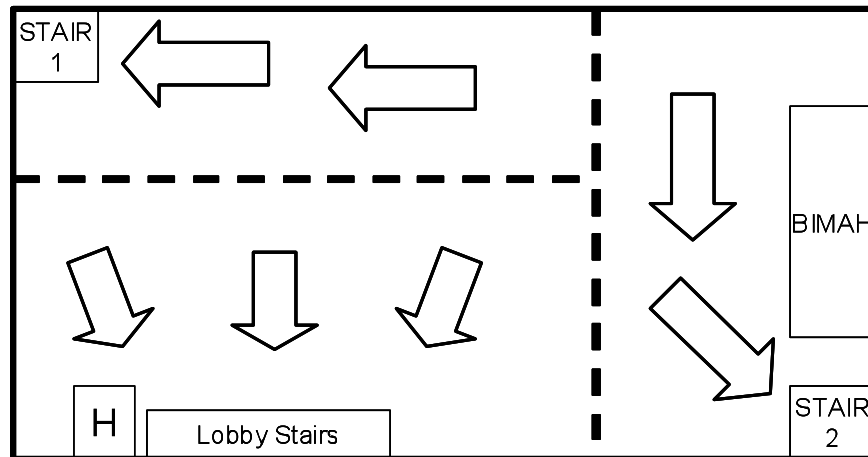
EMERGENCY EVACUATION PROCEDURES

In case of a fire or other emergency, please follow these instructions:

- At the sound of the fire alarm, walk toward the nearest exit in a safe and orderly manner. See the diagram below.

WEST

EAST



**A diagram of exits from the upper level Sanctuary
or the middle level Social Hall**

- People who have difficulty walking should gather in the area marked “H” for further special assistance directed by our Building Evacuation Marshals.
- Follow instructions being given by our High Holy Day Building Evacuation Marshals who can be identified by red or yellow hard hats.
- Follow instructions being given by our High Holy Day Ushers who can be identified by their name tags. They may need to direct you to an alternate exit, or may require your assistance with people who have difficulty walking.
- Do not use the elevator. Leave the building immediately and congregate on the west side of the building – the side closest to Kensington Place. Wait for further instructions.
- Do not re-enter the building for any reason until authorized by the Building Evacuation Marshals or members of the Fire Department.