



Congregation Darchei Noam

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Toronto, Ontario M3H 2T5 Canada
416-638-4783 / darcheinoam@bellnet.ca

Guide to the High Holy Days at Congregation Darchei Noam

Our Rabbis' Service Locations and Times

Your ticket provides access to any of three simultaneous services we offer during the High Holy Days. Rabbi Tina Grimberg and Rabbi Richard Hirsh will conduct services in the Sanctuary and in the Social Hall. Our participatory, engaging and creative Family Services designed for parents with young children will be held in the Triple Room located on the Lower Level. The dates and times of all services are shown on the back of your tickets.

Kippot and Tallitot

Our congregation's practice asks that both men and women entering services wear a head covering, or kippah, as a sign of humility and respect. Head coverings will be available outside each prayer hall for those who need them. Also, there will be a limited number of tallitot (prayer shawls) available for you to borrow.

The Reconstructionist High Holy Day Prayer Book – “Kol Haneshamah: Mahzor Leyamim Nora'im”

At the High Holy Days, Darchei Noam uses the Reconstructionist machzor prayer book, "*Kol Haneshamah: Mahzor Leyamim Nora'im*". Attendees bring their own copies with them to synagogue. Unfortunately, we are not able to distribute or sell this machzor at High Holy Day services. Copies of these books can be purchased for \$50.00 each from the synagogue office in advance of the High Holy Days.

In addition to its regular hours, the office at 864 Sheppard Avenue will have extended hours as follows for last minute pick-up of machzorim:

Tuesday September 8th:	9:00am – 8:00pm
Sunday September 13th:	10:00am – 2:00pm

Please note that we will not be able to sell or distribute these machzorim after Friday September 18th, when our office will close at 12:00 noon before the start of Erev Rosh Hashanah.

Security and Parking

As in previous years, a private company has been hired to provide security for us. Please give us your co-operation and show your tickets before entering.

General parking will not be permitted in the parking lot surrounding our building at 864 Sheppard Avenue during the High Holy Days this year. In an effort to assist those attendees who have mobility limitations, there will be a limited number of reserved parking spaces in this parking lot.

Parking space reservations will be taken on a “first come, first served” basis and must be made by September 5th, 2009. Reservations will be made for specific services in order to make efficient use of the limited number of spaces we have. Once your reservation is made, you will receive written confirmation that you will need to have with you in your car when you use your reserved spot. To request a reserved spot, or for more information, contact Lynda Champagne at 416-654-6213 or lyndachampagne@yahoo.ca.

When dropping people off and picking them up, please use the Passenger Drop Off area located on Sheppard Avenue directly in front of the Darchei Noam building. This stretch of sidewalk will be supervised by our security staff.

When parking on Sheppard Avenue and neighbouring streets, please be aware of posted signs detailing parking restrictions. Additional parking is available in The Toronto Heschel School parking lot which can be accessed from nearby Faywood Boulevard just south of Sheppard Avenue.

As always, we contact the local police to ask for ‘leniency’ when enforcing parking restrictions during the High Holy Days. In order to avoid the possibility of being ticketed, we suggest that you observe all “No Parking” and “No Stopping” signs, maintain the appropriate distances from fire hydrants and corners, and be certain not to block private parking. Please take extra care when driving, as there are many senior citizens who live in our area.

Accessibility at Darchei Noam

All of our High Holy Day services are accessible for people with mobility difficulties. Our elevator is located at the far west end of the building – just follow the signs. Please speak to our ushers when you arrive - they will be able to direct you to suitable seats in each prayer hall. If you have other questions about accessing our services, please contact the synagogue office and we will have our Accessibility Coordinator get in

touch with you. We will do our best to accommodate any special needs you may have.

DN Teens High Holy Day Programming: for High School Teens and Graduates of our B'nei and B'not Mitzvah Classes

DN Teens programming, under the direction of Jason Robinson, will take place on the first day of Rosh Hashanah and on Yom Kippur Day from 11:00am to 12:45pm in the Senesh Teen Lounge. This interactive program will include discussions about High Holy Day practices as well as explorations of teen perspectives on personal values and Judaism. For details, please contact Jason at dnteens@gmail.com.

S'lichot

On Saturday September 12th, please join us for an inspiring evening as we prepare for the Days of Awe. Our S'lichot program begins at 9:30pm and includes a Havdalah service and a pot-luck dessert buffet. Come and enjoy a soulful, candle-lit prayer service enhanced with spiritual teachings, poetry and song.

Tashlich

The annual Jewish tradition of symbolically throwing away past sins into a river is derived from the ancient Book of Micah: "Hashem will conquer our iniquities and will cast off our sins into the depths of the seas." Because the first day of Rosh Hashanah falls on Shabbat this year, Tashlich will follow services on the second day - Sunday September 20th. For details about this annual Tashlich service, please look for flyers available in the synagogue by the start of Rosh Hashanah.

Erev Yom Kippur: Kol Nidrei

At sunset on Sunday September 27, the enchanting melodies of Kol Nidrei services will be heard in all three of our prayer halls. These prayers are some of the most solemn in our prayer books, and it is a mitzvah to arrive early so that daveners are not disturbed once the services begin, which will be promptly at 6:15pm.

One of our Kol Nidrei services will address the spiritual needs of families with school-aged children. At this Family Service, the Kol Nidrei prayer and many others will be chanted in full. The service will also feature commentaries, stories and kavanot for young people and for the "young at heart".

Childcare and the Drop-in Activity Room will open at 6:00pm, fifteen minutes before the Kol Nidrei services begin so that parents can be seated in good time.

Yom Kippur Day

Yom Kippur Services begin at 9:30am on Monday September 28th. Yizkor prayers are included in these Yom Kippur Services, providing an opportunity for davener's to remember beloved relatives and friends who have passed away. After morning services conclude, please stay with us for the afternoon – there are a variety of peaceful activities being offered, including study sessions and a Yoga and Meditation Hour at 2:00pm.

At 3:30pm we gather in the Social Hall for “Remembrance Through Words and Music” – a moving hour-long program which reminds us of the tragedies of our Jewish history and our hopes for a better future. Following the Remembrance Service, please join us for the final portions of our High Holy Day journey. Minchah, the afternoon service, will begin at 4:30pm followed by Ne'ilah and Havdalah, the concluding services of Yom Kippur.

Yom Kippur Potluck Break-Fast Dinner

Everyone is invited to participate in our community break-fast after Yom Kippur services conclude. To contribute to this wonderful potluck dinner, please bring two equal, extra-large-size dishes so that they can be set on two identical buffet tables. Entrees should be vegetarian, parve, fish, or dairy. Families are encouraged to contribute one dessert item in addition to their entrees. Darchei Noam will provide bread and drinks. We ask that you bring any food contributions to the kitchen on the Lower Level only after 2:30pm.

Please contact Molly Neufeld, our Break-Fast Coordinator, to let her know how many people in your group will be attending, and what you can contribute to the meal. You can reach Molly at 416-223-0330 or caterina-neufeld@sympatico.ca.

Sukkah Decorating Party: Tuesday September 29th, 5:00-7:00pm

Darchei Noam's kids, and those young at heart, are all invited to come and help decorate our communal Sukkah at this festive annual gathering. Bring your own wonderful home-made crafts, or let loose your creative energies at shul as we make paper chains, gourd people and more! Make new friends and enjoy a pizza dinner together too.

Sukkot Services: Saturday October 3rd, 10:00am

Join us for our traditional Sukkot services in which each and everyone can personally shake a lulav and smell the wonderful fragrance of the etrogim. The D'var Torah will be delivered by the Executive Director of FoodShare, an organization devoted to providing good and healthy food to those less fortunate in society. Our celebration concludes with a potluck Kiddush under the s'chach of our community sukkah,

decorated with the “fruit” of our creative labours. Please contact the shul office to let us know what you can contribute to the lunch buffet.

About our Rabbis

Rabbi Tina Grimberg

Rabbi Grimberg grew up in the Ukrainian city of Kiev. She moved to North America with her family when she was sixteen, and immediately became involved in the Jewish community of Indianapolis. While working for the rights of “refuseniks” back in the Soviet Union, she developed a passionate interest in the Jewish heritage that was so hard to access in her childhood.

Rabbi Grimberg initially trained and worked as a family therapist specializing in women’s issues and domestic violence. Her love of Jewish tradition and family life led her to the doors of Hebrew Union College’s Jewish Institute of Religion, and in 2001 she received her rabbinic ordination from that seminary. Throughout her five years of rabbinical school, she worked as an intern at Congregation Beth Elohim in Brooklyn, New York. In the same time period, she facilitated workshops for interfaith couples at the 92nd street Y and the Jewish Community Centre of the Upper West Side. Before coming to Darchei Noam in 2002, she worked as the Assistant Rabbi at Beth Elohim.

Rabbi Grimberg’s love of the ancient craft of storytelling creates a teaching and prayer environment that never fails to engage and captivate students and worshippers alike. Her passion for all kinds of ancient and contemporary literature provides her with an endless well of stories which help to illuminate and clarify Jewish lessons, traditions and ethics from our multifaceted heritage. Her first book, *Out of Line: Growing Up Soviet*, was published by Tundra Press in October 2007 and has won numerous awards, including the Stein Memorial Award in Youth Literature, and the Bronze Award for Book of the Year from *ForeWard Magazine*. This autobiographical work offers a unique window into the life of a young Jewish girl growing up with her family in Kiev in the 1960’s and 1970’s.

Congregation Darchei Noam has been blessed to have Rabbi Grimberg as our spiritual leader, our teacher of Jewish heritage and our personal counselor in times of joy and grief. Whether it is leading our trips to Israel, teaching nuggets of wisdom from the Torah, or welcoming new members into our communal family, Tina models a balance of Jewish heart and Jewish mind that is a shining example for all of us.

Rabbi Richard Hirsh

Darchei Noam is once again honoured to have Rabbi Richard Hirsh join Rabbi Grimberg in ushering in the new Jewish year with our community.

Rabbi Hirsh is the executive director of the Reconstructionist Rabbinical Association and is an adjunct instructor at the Reconstructionist Rabbinical College, where he received his rabbinic ordination in 1981. He holds a master's degree in religion with a specialization in the New Testament from Temple University, and a bachelor of arts in Jewish studies from Hofstra University.

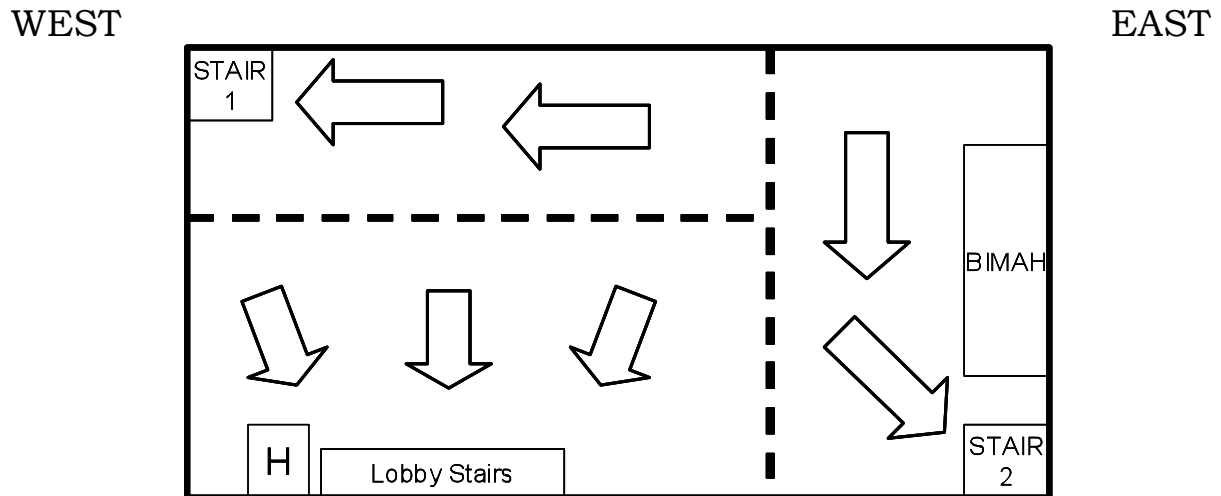
Rabbi Hirsh served as rabbi of Congregation Darchei Noam in the early 1980’s, and subsequently led Reconstructionist congregations in New Jersey, New York and Chicago. He has also served as dean of administration and admissions at RRC, and has worked on the staff of the Jewish Community Relations Council of Greater Philadelphia. He was editor of the journal *The Reconstructionist* from 1996 to 2006.

His commentaries appear in the Reconstructionist High Holy Day machzor *Kol Haneshamah* and in *A Night of Questions*, the new Reconstructionist Pesach haggadah. He is the author of *The Journey of Mourning: A Reconstructionist Guide*.

EMERGENCY EVACUATION PROCEDURES

In case of a fire or other emergency, please follow these instructions:

- At the sound of the fire alarm, walk toward the nearest exit in a safe and orderly manner. See the diagram below.



A diagram of exits from the upper level Sanctuary or the middle level Social Hall

- People who have difficulty walking should gather in the area marked “H” for further special assistance directed by our Building Evacuation Marshals.
- Follow instructions being given by our High Holy Day Building Evacuation Marshals who can be identified by red or yellow hard hats.
- Follow instructions being given by our High Holy Day Ushers who can be identified by their name tags. They may need to direct you to an alternate exit, or may require your assistance with people who have difficulty walking.
- Do not use the elevator. Leave the building immediately and congregate on the west side of the building – the side closest to Kensington Place. Wait for further instructions.
- Do not re-enter the building for any reason until authorized by the Building Evacuation Marshals or members of the Fire Department.